



2022-2023 PAL Life Skills Training Calendar

Region 6

It is necessary for foster youth to complete PAL training in order to become eligible for the Transitional Living Allowance benefit upon leaving foster care. Review the requirements below for Life Skills Training (PAL Classes):

- 1. Be at least 16 years old and have an open subcare stage. Preference for classes will be given to youth who reside in a paid foster care placement; youth in unpaid or relative placements may attend class as space allows. In general, only youth 15.5 and older can be enrolled in class once paperwork is received from a state PAL Coordinator. However, if there is a court order for someone younger than 15.5, those youth can be enrolled in class. Also, some regions will not allow a youth to enroll in class until age 16. If a youth is from one of those regions, we cannot enroll them in class, as we will not be able to receive state paperwork for them until they turn 16.
- 2. PAL Trainer must receive a referral and valid service authorization from the youth's PAL Coordinator prior to youth attending classes.
- Caregiver & youth must complete the Casey Life Skills Assessment (CLSA) prior to youth attending first PAL class.
- 4. Caregiver must plan to attend a brief meeting at the beginning of the first class during a PAL class series.
- Caregiver must plan to attend a discussion of the Casey Life Skills Assessment (CLSA) results when notified by the instructor of the date that the discussion will occur prior to the PAL class scheduled for that date.
- Youth must complete a <u>minimum of 5 hours</u> in each life skills course: Personal/Social Relationship; Life Decisions & Responsibility; Financial Management (mandatory); Housing & Transportation; Job Readiness; and Health & Safety.
- 7. Youth must complete overall assessment <u>after</u> the final training course in the series.





Registration Process:

To register a youth for classes, contact the HAY Center at <u>832-927-7000</u> and request to speak to the Administrative Technician (Mirta Aguilar), who will enroll the youth for the next available class that coincides with the youth's schedule. The Administrative Technician will contact the PAL Program Specialist to request a referral and service authorization for the youth, if one is not already available. The Administrative Technician will notify the PAL Coordinator when youth has been scheduled for classes.

As a courtesy to other youth who require this training and are waiting for enrollment, if an enrolled youth is unable to attend their training session, the Administrative Technician should be notified immediately to ensure the youth's slot can be filled. The Administrative Technician will notify the PAL Program Specialist and the referring PAL Coordinator.

- When dropping off your youth, please <u>do not</u> leave <u>until</u> the youth has been signed in and is officially in class each day. Plan for a little extra time the first day as Casey Assessments need to be completed by both the youth and caregiver and important information is provided to the caregivers
- For safety reasons, the caregiver also needs to sign in each day and indicate who will be picking the youth up at the end of class. If the youth is riding the bus, the Administrative Technician should be notified at the time of enrollment, so the PAL Trainer is aware of this.
- Please arrive on time to pick up the youth when the class is scheduled to be over.
- If you bring five or more youth at least one staff person is required to stay with the youth.

• The registration is for the youth, not the facility. <u>Enrolled youth whose placement has changed, will still</u> be given first opportunity to take PAL training before the facility is allowed to enroll another youth to fill <u>the slot.</u>

TRAINING	PERIOD	ONE
October 8, 2022	Life Decisions/Responsibility	Management Team Member
Saturday	8:30am – 2:30pm	Breanna Haile
Brian Edwards	8915 Knight Road Houston, TX 77054	
Series 1	The HAY Center	
October 15, 2022	Personal/Social Relationships	Volunteer Services Team Member
Saturday	9:00am-2:30pm	Laura Meares
Brian Edwards	8915 Knight Road Houston, TX 77054	
October 22, 2022	Financial Management	Aftercare Team Member
Saturday	9:00am – 2:30pm	Brianna Gray
Brian Edwards	8915 Knight Road Houston, TX 77054	
October 29, 2022	Housing & Transportation	Housing Team Member
Saturday	9:00am – 2:30pm	LaJasmine McLaurin
Brian Edwards	8915 Knight Road Houston, TX 77054	
November 5, 2022	Job Readiness	Workforce Team Member
Saturday	9:00am – 2:30pm	Relanda Rushing
Brian Edwards	8915 Knight Road Houston, TX 77054	
November 12, 2022	Health & Safety	Aftercare Team Member
Saturday	9:00am – 2:30pm	Kirby Taylor
Brian Edwards	8915 Knight Road Houston, TX 77054	
Series 1		
Series 1 TRAINING	PERIOD	TWO
	PERIOD Life Decisions/Responsibility	TWO Jessica Jackson
TRAINING January 21, 2023 Saturday		
TRAINING January 21, 2023	Life Decisions/Responsibility	Jessica Jackson
TRAINING January 21, 2023 Saturday	Life Decisions/Responsibility 8:30am – 2:30pm	Jessica Jackson
TRAINING January 21, 2023 Saturday Brian Edwards	Life Decisions/Responsibility 8:30am – 2:30pm 505 N Main Street, Conroe, Texas 77301	Jessica Jackson
TRAINING January 21, 2023 Saturday Brian Edwards Series 2	Life Decisions/Responsibility 8:30am – 2:30pm 505 N Main Street, Conroe, Texas 77301 The Rock Center for Child Advocacy Personal/Social Relationships 9:00am – 2:30pm	Jessica Jackson Breanna Haile
TRAININGJanuary 21, 2023SaturdayBrian EdwardsSeries 2January 28, 2023	Life Decisions/Responsibility 8:30am – 2:30pm 505 N Main Street, Conroe, Texas 77301 The Rock Center for Child Advocacy Personal/Social Relationships	Jessica Jackson Breanna Haile Laura Meares
TRAININGJanuary 21, 2023SaturdayBrian EdwardsSeries 2January 28, 2023Saturday	Life Decisions/Responsibility 8:30am – 2:30pm 505 N Main Street, Conroe, Texas 77301 The Rock Center for Child Advocacy Personal/Social Relationships 9:00am – 2:30pm	Jessica Jackson Breanna Haile Laura Meares
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Brian Edwards	505 N Main Street, Conroe, Texas 77301	
Series 2		
March 13-17, 2023	Harris County Mini PAL	
Monday - Friday	9:00am – 3:00pm	
Brian Edwards	8915 Knight Road Houston, TX 77054	
Series 3	The HAY Center	
March 13-17, 2023	Harris County Mini PAL	
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Monday - Friday	9:00am – 3:00pm	
Jill Radigan	505 N Main Street, Conroe, Texas 77301	
Series 4	The Rock Center for Child Advocacy	
March 25, 2023	Life Decisions/Responsibility	Education Advocate
Saturday	8:30am – 2:30pm	
Brian Edwards	Location – TBD based on referrals	
Series 5		
April 1, 2023	Personal/Social Relationships	Volunteer Services Team Member
Saturday	9:00am – 2:30pm	
Brian Edwards		
	Financial Management	Aftercare Team Member
April 8, 2023	e	
Saturday	9:00am – 2:30pm	Starrday Badon
Brian Edwards		
April 15, 2023	Housing & Transportation	Housing Team Member
Saturday	9:00am – 2:30pm	
Brian Edwards		
April 22, 2023	Job Readiness	Workforce Team Member
Saturday	9:00am – 2:30pm	
Brian Edwards	1	
April 29, 2023	Health & Safety	Aftercare Team Member
Saturday	9:00am – 2:30pm	
Brian Edwards	2.50pm	
TRAINING	PERIOD	THREE
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June 5-9, 2023	Montgomery County Mini PAL	
Monday – Friday	9:00am – 3:00pm	
Brian Edwards		
Series 6		
June 12-16, 2023	Harris County Mini PAL	
Monday – Friday	9:00am – 3:00pm	
Brian Edwards	8915 Knight Road Houston, TX 77054	
Series 7	The HAY Center	
June 12-16, 2023	Fort Bend County Mini PAL	
Monday – Friday	9:00am – 3:00 pm	
TBA		
Series 7B		
Series / D		
L	Harris Carry to Mini DAL	
June 19-23, 2023	Harris County Mini PAL	
Monday – Friday	9:00am – 3:00pm	
Brian Edwards	8915 Knight Road Houston, TX 77054	
Series 8	The HAY Center	

June 26-30, 2023	Harris County Mini PAL	
Monday – Friday	9:00am – 3:00pm	
Brian Edwards	8915 Knight Road Houston, TX 77054	
Series 9	The HAY Center	
June 26-30, 2023	Brazoria County Mini PAL	
Monday – Friday	9:00am – 3:00pm	
TBA		
Series 9B		
July 5-7, 2023	Harris County Make-Up Class	
Wednesday-Friday	9:00am – 3:00pm	
Brian Edwards	8915 Knight Road Houston, TX 77054	
Series 10	The HAY Center	
July 10-14, 2023	Harris County Mini PAL	
Monday – Friday	9:00am – 3:00pm	
Brian Edwards	8915 Knight Road Houston, TX 77054	
Series 11	The HAY Center	
July 10-14, 2023	Mini PAL	
Monday – Friday	9:00am – 3:00pm	
TBD	TBD	
Series 11B		
July 17-21, 2023	Harris County Mini PAL	
Monday – Friday	9:00am – 3:00pm	
Brian Edwards	8915 Knight Road Houston, TX 77054	
Series 12	The HAY Center	
July 24–28, 2023	Harris County Mini PAL	
Monday – Friday	9:00am – 3:00pm	
Brian Edwards	8915 Knight Road Houston, TX 77054	
Series 13	The HAY Center	
July 24–28, 2023	Mini PAL	
Monday – Friday	9:00am – 3:00pm	
TBD	TBD	
Series 13B		