



## 2018/2019 PAL Life Skills Training Calendar Region 6

It is necessary for foster youth to complete PAL training in order to become eligible for the Transitional Living Allowance benefit upon leaving foster care. Review the requirements below for Life Skills Training (PAL Classes):

1. Be at least 16 years old and have an open subcare stage. Preference for classes will be given to youth who reside in a paid foster care placement; youth in unpaid or relative placements may attend class as space allows. In general, only youth 15.5 and older can be enrolled in class once paperwork is received from a state PAL Coordinator. However, if there is a court order for someone younger than 15.5, those youth can be enrolled in class. Also, some regions will not allow a youth to enroll in class until age 16. If a youth is from one of those regions, we cannot enroll them in class, as we will not be able to receive state paperwork for them until they turn 16.
2. PAL Trainer must receive a referral and valid service authorization from the youth's PAL Coordinator prior to youth attending classes.
3. Caregiver & youth must complete the Casey Life Skills Assessment (CLSA) prior to youth attending first PAL class.
4. Caregiver must plan to attend a brief meeting at the beginning of the first class during a PAL class series.
5. Caregiver must plan to attend a discussion of the Casey Life Skills Assessment (CLSA) results when notified by the instructor of the date that the discussion will occur prior to the PAL class scheduled for that date.
6. Youth must complete a minimum of 5 hours in each life skills course: Personal/Social Relationship; Life Decisions & Responsibility; Financial Management (mandatory); Housing & Transportation; Job Readiness; and Health & Safety.
7. Youth must complete overall assessment after the final training course in the series.

### Registration Process:

To register a youth for classes, contact the HAY Center at **832-927-7000** and request to speak to the Administrative Technician (Stephanie Williams), who will enroll the youth for the next available class that coincides with the youth's schedule. The Administrative Technician will contact the PAL Program Specialist to request a referral and service authorization for the youth, if one is not already available. The Administrative Technician will notify the PAL Coordinator when youth has been scheduled for classes.

**As a courtesy to other youth who require this training and are waiting for enrollment, if an enrolled youth is unable to attend their training session, the Administrative Technician should be notified immediately to ensure the youth's slot can be filled. The Administrative Technician will notify the PAL Program Specialist and the referring PAL Coordinator.**

\*\*\*\*\*PLEASE BE ADVISED!!!!\*\*\*\*\*

- When dropping off your youth, please do not leave until the youth has been signed in and is officially in class each day. Plan for a little extra time the first day as Casey

**Assessments need to be completed by both the youth and caregiver and important information is provided to the caregivers**

- **For safety reasons, the caregiver also needs to sign in each day and indicate who will be picking the youth up at the end of class. If the youth is riding the bus, the Administrative Technician should be notified at the time of enrollment, so the PAL Trainer is aware of this.**
- **Please arrive on time to pick up the youth when the class is scheduled to be over.**
- **If you bring five or more youth at least one staff person is required to stay with the youth.**
- **The registration is for the youth, not the facility. Enrolled youth whose placement has changed, will still be given first opportunity to take PAL training before the facility is allowed to enroll another youth to fill the slot.**

<b>October 13, 2018</b> Saturday Adrian Townsend <b>Series 1</b>	<b>Life Decisions/Responsibility</b> 9:00am – 2:00pm 1216 West Clay St. – Houston, TX 77019
<b>October 20, 2018</b> Saturday Adrian Townsend	<b>Personal/Social Relationships</b> 9:00am-2:00pm 1216 West Clay St. – Houston, TX 77019
<b>October 27, 2018</b> Saturday Adrian Townsend	<b>Financial Management</b> 9:00am – 2:00pm 1216 West Clay St. – Houston, TX 77019
<b>November 3, 2018</b> Saturday Adrian Townsend	<b>Housing &amp; Transportation</b> 9:00am – 2:00pm 1216 West Clay St. – Houston, TX 77019
<b>November 10, 2018</b> Saturday Adrian Townsend	<b>Job Readiness</b> 9:00am – 2:00pm 1216 West Clay St. – Houston, TX 77019
<b>November 17, 2018</b> Saturday Adrian Townsend <b>Series 1</b>	<b>Health &amp; Safety</b> 9:00am – 2:00pm 1216 West Clay St. – Houston, TX 77019
<b>January 19, 2019</b> Saturday Adrian Townsend <b>Series 2</b>	<b>Life Decisions/Responsibility</b> 9:00am – 2:00pm 1216 West Clay St. – Houston, TX 77019
<b>January 26, 2019</b> Saturday	<b>Personal/Social Relationships</b> 9:00am – 2:00pm

Adrian Townsend	1216 West Clay St. – Houston, TX 77019
<b>February 2, 2019</b> Saturday Adrian Townsend	<b>Financial Management</b> 9:00am – 2:00pm 1216 West Clay St. – Houston, TX 77019
<b>February 9, 2019</b> Saturday Adrian Townsend	<b>Housing &amp; Transportation</b> 9:00am – 2:00pm 1216 West Clay St. – Houston, TX 77019
<b>February 16, 2019</b> Saturday Adrian Townsend	<b>Job Readiness</b> 9:00am – 2:00pm 1216 West Clay St. – Houston, TX 77019
<b>February 23, 2019</b> Saturday Adrian Townsend <b>Series 2</b>	<b>Health &amp; Safety</b> 9:00am – 2:00pm 1216 West Clay St. – Houston, TX 77019
<b>March 11-15, 2019</b> Monday - Friday Adrian Townsend <b>Session 3</b>	<b>Harris County Mini PAL</b> 9:00am – 3:00pm 1216 West Clay St. – Houston, TX 77019
<b>March 16, 2019</b> Saturday Adrian Townsend <b>Series 4</b>	<b>Life Decisions/Responsibility</b> 9:00am – 2:00pm 1216 West Clay St. – Houston, TX 77019
<b>March 23, 2019</b> Saturday Adrian Townsend	<b>Personal/Social Relationships</b> 9:00am – 2:00pm 1216 West Clay St. – Houston, TX 77019
<b>March 30, 2019</b> Saturday Adrian Townsend	<b>Financial Management</b> 9:00am – 2:00pm 1216 West Clay St. – Houston, TX 77019
<b>April 6, 2019</b> Saturday Adrian Townsend	<b>Housing &amp; Transportation</b> 9:00am – 2:00pm 1216 West Clay St. – Houston, TX 77019
<b>April 13, 2019</b> Saturday Adrian Townsend	<b>Job Readiness</b> 9:00am – 2:00pm 1216 West Clay St. – Houston, TX 77019
<b>April 20, 2019</b> Saturday Adrian Townsend <b>Series 4</b>	<b>Health &amp; Safety</b> 9:00am – 2:00pm 1216 West Clay St. – Houston, TX 77019

**Mini PAL Classes (enrollment limited to 15 - 20 per class):**

<b>June 3-7, 2019</b> Monday – Friday Adrian Townsend <b>Series 5</b>	<b>Harris County Mini PAL</b> 9:00am – 3:00pm 1216 West Clay St. – Houston, TX 77019
<b>June 10-14, 2019</b> Monday – Friday Adrian Townsend <b>Series 6</b>	<b>Harris County Mini PAL</b> 9:00am – 3:00pm 1216 West Clay St. – Houston, TX 77019
<b>June 17-21, 2019</b> Monday – Friday	<b>Brazoria County Mini PAL</b> 9:00am – 3:00 pm

Adrian Townsend <b>Series 7</b>	1504 E. Mulberry St. – Angleton, TX 77515
<b>June 24-28, 2019</b> Monday – Friday Adrian Townsend <b>Series 8</b>	<b>Harris County Mini PAL</b> 9:00am – 3:00pm 1216 West Clay St. – Houston, TX 77019
<b>July 8-12, 2019</b> Monday – Friday Adrian Townsend <b>Series 9</b>	<b>Fort Bend County Mini PAL</b> 9:00am – 3:00pm 1110 Ave. G – Rosenberg, TX 77471
<b>July 15-19, 2019</b> Monday – Friday Adrian Townsend <b>Series 10</b>	<b>Harris County Mini PAL</b> 9:00am – 3:00pm 1216 West Clay St. – Houston, TX 77019
<b>July 22-26, 2019</b> Monday – Friday Adrian Townsend <b>Series 11</b>	<b>Harris County Mini PAL</b> 9:00am – 3:00pm 1216 West Clay St. – Houston, TX 77019
<b>July 29-August 2, 2019</b> Monday – Friday Adrian Townsend <b>Series 12</b>	<b>Harris County Mini PAL</b> 9:00am – 3:00pm 1216 West Clay St. – Houston, TX 77019
<b>August 5-9, 2019</b> Monday – Friday Adrian Townsend <b>Series 13</b>	<b>Montgomery County Mini PAL</b> 9:00am – 3:00pm 2017 N. Frazier, Suite C-1 – Conroe, TX 77301
<b>August 12-16, 2019</b> Monday - Friday Adrian Townsend <b>Series 14</b>	<b>Harris County Mini PAL</b> 9:00am – 3:00pm 1216 West Clay St. – Houston, TX 77019
<i>No formal make-up classes are scheduled at this time. If it is evident these are needed, and the start of the new school year allows, youth who need them will be notified, as they are scheduled. Note that location of classes scheduled in non-Harris County offices during the summer may change based on availability of meeting rooms closer to scheduled date of class. You will be notified if location changes from what is stated above prior to start of classes.</i>	

## Special Classes

Krause  
Five Oaks  
Sheltering Harbor  
Care Collage